

Resource List

*We have information on a variety of subjects.
Look for flyers color coded by subject.*

Abuse

Resources for those experiencing different types of abuse.

Employment

Resources for those seeking help with job skills and employment assistance.

Housing & Utilities

Resources for those seeking help with housing, rent, and utility assistance.

Mental Health

Resources for anyone seeking support and help with their mental health.

Older Adult

Resources for older adults seeking assistance and support.

Teen & Youth

Resources for teens and youth seeking assistance and support.

Various

Resources for various groups and needs within the community.

Community

Resources for those seeking to get involved in the community.

Hotlines

Resources for anyone seeking a variety of assistance over the phone.

Legal Help

Resources for those seeking legal help and finding legal advocacy.

New Parent

Resources for new parents seeking assistance and support.

Physical Health

Resources for those seeking information regarding their physical health.

Transportation

Resources for those seeking assistance with transportation.

Volunteer

Resources for those seeking volunteer opportunities.

Abuse Resources

These are some resources available to those escaping domestic or intimate partner violence, sexual assault, and/or human trafficking in the Hamilton county area.

Prevail

- **CONTACT:** 317-773-6942
24 Hr. Crisis Line: 317-776-3472
prevail@prevailinc.com
- **ADDRESS:** 1100 S 9th St, Ste. 100
Noblesville, IN 46060
- **HELPS WITH:** Assists victims of crime and abuse with safety plans, obtaining protection orders, connecting with support groups, and more
- **WEBSITE:** prevailinc.org

Domestic Violence Prevention Network

- **CONTACT:** 317-872-1086
- **ADDRESS:** 9245 N. Meridian St, Ste. 235
Indianapolis, IN 46260
- **HELPS WITH:** Provides referrals to national and central Indiana resources, including counseling, advocacy, support groups, and transitional housing/shelters
- **WEBSITE:** dvpnindy.org/resources

Firefly & Children Family Alliance

- **CONTACT:** 317-264-2700
- **ADDRESS:** 1575 Dr. Martin Luther King Jr. St.
Indianapolis, IN 46202
- **HELPS WITH:** Programs and services relating to child abuse prevention, domestic violence, sexual assault, and more
- **WEBSITE:** fireflyin.org

Crisis Lines

- **NATIONAL DATING ABUSE HELPLINE:** 866-331-9474 | loveisrespect.org
- **NATIONAL DOMESTIC VIOLENCE:** 800-799-7233 | thehotline.org
- **NATIONAL RUNAWAY SAFELINE:** 800-786-2929 | 1800runaway.org
- **NATIONAL SEXUAL ASSAULT:** 800-656-4673 | rainn.org
- **NATIONAL HUMAN TRAFFICKING:** 888-373-7888 | humantraffickinghotline.org

Community Resources

These are some resources available to those looking to get involved in the Hamilton county area.

Community Groups

- **Sheridan Historical Society** - Join to share your passion and knowledge of history and genealogy at any skill level with others
sheridanhistoricalsociety.net
- **Hamilton County Master Gardeners Association (HCMGA)** - Join other local master gardeners in all things gardening around the county
hcmga.org

Explore

- **SHERIDAN.IN.GOV** - Information center for resources about Sheridan, including local news and events
- **VISITHAMILTONCOUNTY.ORG** - Discover places to eat, play, and stay in the area

Parks, Trails, & Outdoor Activities

- **Biddle Memorial Park:** 610 E 10th St. Sheridan, IN 46069
- **Monon Trail - Sheridan Trailhead:** S Ohio St. & W Jaycee Ave. Sheridan, IN 46069
- **Veterans Park:** 101 E 1st St. Sheridan, IN 46069

For more information about parks in the Sheridan area, please visit sheridan.in.gov/parks

For more information about outdoor activities in Hamilton county, please visit <https://www.visithamiltoncounty.com/things-to-do/outdoors/>



Employment Resources

These are some resources available to those seeking job assistance in the Hamilton county area.

Invest Hamilton County

- **CONTACT:** 317-663-4457
- **ADDRESS:** 37 E Main St.
Carmel, IN 46032
- **HELPS WITH:** Invest programs offer general career exploration as well as assistance for specific populations, including those who are disabled or re-entering the workforce
- **WEBSITE:** investhamiltoncounty.com

Indiana Career Explorer

- **HELPS WITH:** Analyzes one's interests with education to help devise a plan for determining and achieving career goals
- **WEBSITE:** indianacareerexplorer.com

Work One

- **CONTACT:** 317-841-8194
- **ADDRESS:** 300 N 17th St, Door 1
Noblesville, IN 46060
- **HELPS WITH:** Regional job center that provides free access to computer labs, resume workshops, and career counseling
- **WEBSITE:** workonecentral.org

Indiana Career Connect

- **HELPS WITH:** Search job opportunities with filters to sort by location and position type; Also offers a multitude of job-related resources and population-specific programs
- **WEBSITE:** indianacareerconnect.com

Indiana Dept. of Workforce Development

- **HELPS WITH:** One-stop-shop for career exploration, education, and training with specific resources also for veterans and those who are unemployed
- **WEBSITE:** in.gov/dwd

Hotline Resources

These are some resources available for those seeking assistance over the phone.

Adult Protective Services Hotline

- **CONTACT:** 800-992-6978
- **HELPS WITH:** Reporting involving suspected abuse, neglect, or exploitation of a vulnerable adult
- **WEBSITE:** in.gov/fssa

Indiana Child Abuse & Neglect Hotline

- **CONTACT:** 800-800-5556
- **HELPS WITH:** Reporting involving suspected child abuse or neglect
- **WEBSITE:** in.gov/dcs

NCMEC Hotline

- **CONTACT:** 800-843-5678
- **HELPS WITH:** Reporting missing children as well as support for those families with missing or exploited children
- **WEBSITE:** missingkids.org

National Grad Crisis Hotline

- **CONTACT:** 877-472-3457
- **HELPS WITH:** Support for those dealing with the challenges and pressure of graduate level coursework
- **WEBSITE:** gradresources.org

SAMHSA National Hotline

- **CONTACT:** 800-662-4357
- **HELPS WITH:** Support for those who are struggling with substance abuse and mental health
- **WEBSITE:** samhsa.gov

Suicide & Crisis Hotline

- **CONTACT:** Call or text 988
- **HELPS WITH:** Support for those having thoughts of suicide, are experiencing overwhelming distress, or are going through a substance use crisis.
- **WEBSITE:** helpnetworkneo.org

Housing & Utilities Resources

These are some resources available to those seeking assistance with housing, rent, and utilities in the Hamilton county area.

Family Promise

- **CONTACT:** 317-774-5196
- **ADDRESS:** 1051 N 10th St.
Noblesville, IN 46060
- **HELPS WITH:** Homelessness prevention through rental assistance, transportation services, and shelter diversion
- **WEBSITE:** familypromisehamiltoncounty.in.org

Third Phase

- **CONTACT:** 317-773-5100
- **ADDRESS:** 15755 Allisonville Rd.
Noblesville, IN 46060
- **HELPS WITH:** Emergency shelter, food pantry, and thrift store for qualifying individuals
- **WEBSITE:** thirdphase.org

Indiana 211

- **CONTACT:** 211
- **HELPS WITH:** Free service with no eligibility requirement that connects you with health and human service agencies and resources in your local community across a variety of categories including shelter and housing, food, and financial assistance programs
- **WEBSITE:** in211.communityos.org

Food Pantries

- **Mama's Cupboard:** 101 E 2nd St. Sheridan, IN 46069
317-758-1338 Monday, Friday: 4 PM - 6PM
- **Sunflower Pantry:** 206 E 2nd St. Sheridan, IN 46069
317-758-4195 First & Third Tuesday of the month: 1 PM - 3 PM

To view more food pantries in the Sheridan area, please visit
hchfoodbank.org/food-pantry-location/sheridan-area



Legal Resources

*These are some resources available to those seeking legal counsel in the Hamilton county area.**

Hamilton County Legal Self-Help Center

- **CONTACT:** 317-776-8428
legalselfhelp@hamiltoncounty.in.gov
- **ADDRESS:** 1 Hamilton County Sq, Ste 313
Noblesville, IN 46060
- **HELPS WITH:** Selection and completion of certain court forms, e-filing, and limited referrals for other types of assistance; Some services may be limited based upon eligibility requirements
- **WEBSITE:** hamiltoncounty.in.gov/1133/Legal-Self-Help-Center

Indiana Supreme County Law Library

- **CONTACT:** 317-232-2557
- **ADDRESS:** 200 W Washington St, Ste 316
Indianapolis, IN 46204
- **HELPS WITH:** Special collection for legal research with in-person visits by appointment only, though online services include access to certain databases and more
- **WEBSITE:** in.gov/courts/supreme/law-library

Indiana Self-Service Legal Center

- **HELPS WITH:** Legal information and a variety of legal-related resources
- **WEBSITE:** in.gov/courts/selfservice

Helpful Websites

- **DICTIONARY.FINDLAW.COM:** Search the definitions of various legal terms
- **LAWYERS.FINDLAW.COM:** Find a lawyer based upon legal issue and location
- **INDIANALEGALHELP.ORG:** Online, self-help legal resources

**Please note that library staff are unable to provide any legal advice.*



Mental Health Resources

These are some resources available to those seeking mental health support in the Hamilton county area.

Indiana Addiction Treatment

- **HELPS WITH:** Connecting individuals with addiction information, treatment facilities based upon your specific situation, and recovery housing
- **WEBSITE:** in.gov/fssa/addiction

Ignite Transform

- **CONTACT:** 317-567-9667
- **ADDRESS:** 698 N 10th St.
Noblesville, IN 46060
- **HELPS WITH:** Mental health speakers, donation-based fitness classes, support groups, and more
- **WEBSITE:** ignitetransform.org

Find a Local Provider

- **in.gov/fssa/dmha/find-a-local-service-provider:** Find a Community Mental Health Center, which offers outpatient mental health services, based upon the county in the state of Indiana

Recovery Cafe

- **CONTACT:** recoverycafehcgmail.com
- **ADDRESS:** 7050 E 116th St, Ste 100
Fishers, IN 46038
- **HELPS WITH:** A supportive community in a drug and alcohol-free space regardless of your place in your journey
- **WEBSITE:** recoverycafehcgmail.com

Support Groups

- **ALCOHOLICS ANONYMOUS:** 12-step based support group for persons suffering from alcohol addiction. *Current meeting information available at indyaa.org/meetings*
- **NARCOTICS ANONYMOUS:** 12-step based support group for persons suffering from drug addiction. *Current meeting information available at na.org/meetingsearch*
- **AL-ANON:** 12-step based support group for family or friends of persons with drug and/or alcohol addictions. *Current meeting information available at al-anon.org*
- **OVEREATER'S ANONYMOUS:** 12-step based support group for people struggling with compulsive eating. *Current meeting information available at oa.org/find-a-meeting*

New Parent Resources

These are some resources available to new parents in the Hamilton county area.

Hamilton County W.I.C.

- **CONTACT:** 317-776-3445
- **ADDRESS:** 942 N 10th St.
Noblesville, IN 46060
- **HELPS WITH:** Programs for pregnant, breastfeeding, and postpartum people
- **WEBSITE:** indianahealthonline.org/locations/hamilton-county-wic

Moms Helpline

- **CONTACT:** 844-624-6667
- **HELPS WITH:** Provides free and confidential answers for your pregnancy and infant questions, available to pregnant people in Indiana
- **WEBSITE:** in.gov/health/mch/moms-helpline

O'Connor House

- **CONTACT:** 317-249-0479
- **HELPS WITH:** Shelter, clothing, transportation, food, and more for single, pregnant, and homeless women
- **WEBSITE:** theoconnorhouse.org

Pregnancy Choices Indy

- **CONTACT:** 317-678-6100
- **ADDRESS:** 185 Sheridan Rd.
Noblesville, IN 46060
- **HELPS WITH:** Confidential and free services, including education, support, and referrals
- **WEBSITE:** pregnancychoicesindy.com

Help Me Grow

- **CONTACT:** 844-624-6667 opt. 3
- **HELPS WITH:** Free ages and stages screening with follow-up for any necessary referrals
- **WEBSITE:** in.gov/health/mch/clinicians/help-me-grow-indiana

Indiana Child Care Finder

- **HELPS WITH:** Connecting individuals with licensed or registered child care providers in the state of Indiana
- **WEBSITE:** in.gov/fssa/childcarefinder

Older Adult Resources

These are some resources available to older adults in the Hamilton county area.

Prime Life Enrichment

- **CONTACT:** 317-815-7000
- **ADDRESS:** 1078 Third Avenue SW
Carmel, IN 46032
- **HELPS WITH:** Transportation services and community activities that promote the physical, mental, and social health of older adults
- **WEBSITE:** primelifeenrichment.org

Shepherd's Center

- **CONTACT:** 317-674-8777
- **ADDRESS:** 1250 Conner St.
Noblesville, IN 46060
- **HELPS WITH:** Counseling, legal advocacy, social isolation prevention, and locating resources for older adults
- **WEBSITE:** shepherdscenterofhamiltoncounty.org

Oasis Senior Advisors

- **CONTACT:** 765-535-3844
- **HELPS WITH:** Free consultations about senior living, care, and resources as well as informational webinars over a variety of aging-related topics
- **WEBSITE:** oasissenioradvisors.com/locations/carmel-in

Project Lifesaver

- **CONTACT:** 317-773-1872
- **HELPS WITH:** Free technology enrollment to assist in the location of those at risk for wandering
- **WEBSITE:** hamiltoncounty.in.gov/591/Project-Lifesaver

Associations for Specific Diagnoses

- **ALZHEIMER'S ASSOCIATION:** 800-272-3900 | alz.org/indiana
- **AMERICAN CANCER SOCIETY:** 800-227-2345 | cancer.org/indiana
- **INDIANA PARKINSON FOUNDATION:** 317-550-5648 | indianaparkinson.org

Senior Living Options & Care

- **MAJESTIC CARE OF SHERIDAN:** 317-758-4426 | majesticcare.com/location/sheridan
- **SPICEWOOD GARDENS:** 419-586-6645 | handincorporated.org/spicewood
- **HOME SWEET HOME HOMECAREGIVER:** 317-406-4663 | hshhomecaregiver.com



Physical Health Resources

These are some resources available to those seeking information related to physical wellbeing in the Hamilton county area.

Riverview Health

Riverview Health offers comprehensive health services to the Hamilton County region. These services include

- **Sheridan Family Medicine:**
611 E 10th St. Sheridan, IN 46069
317-758-4477
- **Urgent Care:** various locations
- **Lab Services:** various locations

For a complete list of services & specialties, please visit riverview.org/services

IU Health

Indiana University (IU) Health provides a network of affiliated providers and medical services to the Hamilton county community and beyond. These services include

- **Primary Care:** various locations
- **Urgent Care:** various locations
- **Pediatrics:** various locations
- **Lab Services:** various locations

For a complete list of services & specialties, please visit iuhealth.org

Low Cost/Free Clinics

- **TRINITY FREE CLINIC:** 1045 W 146th St. Ste. B. Carmel, IN 46032 | 317-819-0772
- **HEART & SOUL FREE CLINIC:** 17338 Westfield Park Rd. Ste. 1 Westfield, IN 46074 | 317-804-5782
- **HOPE FAMILY CARE CENTER:** 509 Peru St. Cicero, IN 46034 | 317-984-3444

Dentistry

- **SCHMIDT FAMILY DENTISTRY:** 611 E 10th St. Sheridan, IN 46069 | 317-758-5334
- **NOBLESVILLE FAMILY DENTISTRY:** 455 Sheridan Rd. Noblesville, IN 46060 | 317-773-1302
- **HARMONY DENTISTRY OF WESTFIELD:** 1509 S Waterleaf Dr. Westfield, IN 46074 | 317-399-1208

Vision

- **NORMAN AND MILLER EYECARE:** 3901 IN-47 #5 Sheridan, IN 46069 | 317-758-6162
- **MY EYE DOCTOR:** 160 Lakeview Dr. Noblesville, IN 46060 | 317-773-4482
- **HOFFMAN EYECARE:** 1479 W Tournament Trl. Westfield, IN 46074 | 317-399-1530



Teen & Youth Resources

These are some resources available to teens and youths in the Hamilton county area.

Youth Assistance Program

- **CONTACT:** 317-758-4431 x 4400
- **ADDRESS:** 24185 Hinesley Road
Sheridan, IN 46069
- **HELPS WITH:** Opportunities for assistance with mentoring, finances, counseling, and education as well as recreational fun
- **WEBSITE:** sheridanyap.org

Ask Rose

- **CONTACT:** 877-275-7673
- **HELPS WITH:** Free homework assistance from trained tutors for middle and high school students Sunday through Thursday between 7 pm - 10 pm August through May
- **WEBSITE:** askrose.org

Boys & Girls Club of Noblesville

- **CONTACT:** 317-773-4372
- **HELPS WITH:** *Connecting high school and college students with opportunities to assist Mercer Health in a variety of settings*
- **WEBSITE:** bgcni.org

Big Brothers Big Sisters

- **CONTACT:** 317-921-2201
- **HELPS WITH:** Pairing children (8 to 14 years old) with a trusted older adult volunteer to positively support them
- **WEBSITE:** bebigforkids.org

Educational Resources

- **HELPS WITH:** All your educational resources in one place, including databases, dictionaries, homework help, and more!
- **WEBSITE:** sheridan.lib.in.us/educational-resources



Transportation Resources

These are some resources available to those in the Hamilton county area seeking assistance with transportation.

CIRTA - Commuter Connect

- **CONTACT:** 317-327-7433
- **HELPS WITH:** Connect individuals with carpool and transportation options in Hamilton county and other nearby counties for work and school
- **WEBSITE:** commuterconnect.us

Prime Life Enrichment

- **CONTACT:** 317-815-7000 press 1
- **HELPS WITH:** Door-to-door and nonemergency transportation provider for those 50 years of age or older in Hamilton county for essential trips, must be scheduled in advance
- **WEBSITE:** primelifeenrichment.org/transportation

Janus - Hamilton County Express

- **CONTACT:** 317-773-2688
- **HELPS WITH:** Provides affordable, on demand public transportation to anyone in Hamilton county
- **WEBSITE:** janus-inc.org/hamilton-county-express

GoGo Grandparent

- **CONTACT:** 855-464-6872 x 32034
- **HELPS WITH:** On demand Uber and Lyft rides for seniors and those with disabilities, no app or internet required for use of services
- **WEBSITE:** gogograndparent.com

Various Resources

These are some resources available for a variety of different groups and needs within in the Hamilton county area.

Hamilton County Veterans Services

- **CONTACT:** 317-776-9610
veteran.services@hamiltoncounty.in.gov
- **ADDRESS:** 1 Hamilton County Sq, Ste 179
Noblesville, IN 46060
- **HELPS WITH:** Provide information and resources to veterans and families of veterans
- **WEBSITE:** hamiltoncounty.in.gov/378/Veteran-Services

Janus

- **CONTACT:** 317-773-8781
- **ADDRESS:** 1555 Westfield Rd.
Noblesville, IN 46062
- **HELPS WITH:** Services for individuals with disabilities, including employment assistance, recreational therapy, and more
- **WEBSITE:** janus-inc.org

Indy Pride

- **CONTACT:** 317-426-8560
info@indypride.org
- **HELPS WITH:** Programs and resources to promote equality, community, and wellbeing of the local LGBTQIA+ community and allies
- **WEBSITE:** indypride.org

Household Hazardous Waste & General Recycling

- **CONTACT:** 317-776-4005
- **ADDRESS:** 1717 Pleasant St.
Celina, OH 45822
- **HELPS WITH:** General recycling and personal household hazardous waste center for Hamilton county residents
Tues. through Fri: 8 am - 5 pm
Sat: 8 am - 1 pm
- **WEBSITE:** hamiltoncounty.in.gov/262/Household-Hazardous-Waste

Voter Registration

- **CONTACT:** 317-776-9632
- **ADDRESS:** 1 Hamilton County Sq, Ste 206
Noblesville, IN 46060
- **HELPS WITH:** Check voter registration deadlines, verify where you are registered to vote, preview ballots, voter registration status, and obtain polling locations
- **WEBSITE:** hamiltoncounty.in.gov/383/Voter-Registration

Volunteer Resources

These are some resources available to those seeking to volunteer in the Hamilton county area.

Mama's Cupboard

- **CONTACT:** 317-758-1338
- **ADDRESS:** 4102 E 2nd St.
Sheridan, IN 46069
- **HELPS WITH:** Service the community by sorting food donations, stocking shelves, and distributing goods
- **WEBSITE:** mamascupboard.org/volunteer

Hamilton County Parks & Recreation

- **CONTACT:** 317-774-2509
- **HELPS WITH:** Help build and preserve the environment for the enjoyment of current and future generations by assisting with maintenance, special events, and more
- **WEBSITE:** hamiltoncounty.in.gov/446/Volunteer-Opportunities

Hamilton County Emergency Management

- **CONTACT:** 317-770-8899
- **HELPS WITH:** Various volunteer opportunities available related to the emergency field, including helping with special events or emergency disasters
- **WEBSITE:** hamiltoncounty.in.gov/909/How-to-Get-Involved

Humane Society for Hamilton County

- **CONTACT:** 317-773-4974
- **ADDRESS:** 10501 Hague Rd.
Fishers, IN 46038
- **HELPS WITH:** Opportunities to serve the animal shelter including cattery and kennel assistance, dog walking, facility support, and more
- **WEBSITE:** hamiltonhumane.com/how-to-help/volunteer

Greater Indy Habitat for Humanity

- **CONTACT:** 317-921-2121
- **HELPS WITH:** Give people in need a place to call home through the work of your hands, no experience necessary
- **WEBSITE:** indyhabitat.org/volunteer

Noblesville Creates

- **CONTACT:** 317-900-1272
- **HELPS WITH:** Support the local arts community while having fun by volunteering to staff the front desk or set-up/clean-up regular and/or special events
- **WEBSITE:** noblesvillecreates.org/stories/volunteers-needed

